

USEFUL NUMBERS

Your G.P. Number is	
Gosport Social Services	01705	586731
C.P.N.	01705	511377
Gosport War Memorial Hospital	01705	524611
Phoenix Day Hospital	Extn	2286
Companion Service	01705	501592
Carers Resource Centre	01705	501592
Carers Helpline	01705	221122
Red Cross (Willis Road)	01705	584370
(Elson)	01705	582231
Bury House Day Centre	01705	503976
Lutman Day Centre	01705	511898

Portsmouth HealthCare NHS Trust welcomes any comments, complaints or suggestions about our service. Please do not hesitate to contact us

**PORTSMOUTH HEALTHCARE TRUST HEADQUARTERS**

St. James' Hospital
Locksway Road, Portsmouth, Hampshire PO4 8LD
Telephone: 01705 822444 Facsimile: 01705 293437
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SKILLPLOY Printing and Packaging, Blackbrook Road, Fareham
Telephone: 01329 829500 Facsimile: 01329 825658

**DISCHARGE BOOKLET**

Phoenix Day Hospital
Gosport War Memorial Hospital
Bury Road,
Gosport,
Hampshire,
PO12 3PW

Tel: 01705 524611 Ext: 2286

This booklet is to help make your transition from hospital to home as smooth as possible.

Signature of discharging nurse:

Pauline Coates.....

DATE OF DISCHARGE

CONSULTANT

If you experience any problems following discharge, please contact:

DR Banks.....

MEDICATION

A chart explaining your medicine is enclosed in the centre of this booklet. Your named nurse will explain this to you.

FOLLOW UP SERVICES AVAILABLE ON DISCHARGE

SERVICE	ARRANGEMENTS	CONTACT PERSON & TELEPHONE No
Lutman's Day Centre	wed + Thurs	Maggie Ireland 01705 511898
Community Psychiatrist nurse	John Allan/ Caroline Podesta	Hewak House 01705 511377

DATE	MEDICINE & STRENGTH	WHAT IS IT FOR	B/FAST	LUNCH	EVENING MEAL	BEDTIME	ANY CHANGE & DATE STOPPED
16.10.96	Dothiepin 50mg at night						