

Community Nursing
information



PORTSMOUTH
HealthCare
NHS
TRUST



PORTSMOUTH
HealthCare
NHS
TRUST

Our ref

Your ref

Date

Ext

19/5 /95

Social Worker to
liaise with re Home Care
is Sarah Gibbins
at 30 Farlam
* 3067

COMMUNITY HEALTH SERVICES

Gosport War Memorial Hospital
Bury Road, Gosport, Hampshire PO12 3PW
Tel: 01705 524611 Fax: 01705 580360

Orange + Apple + Lemon & Lime + Pineapple + Strawberry + Peach
New Grapefruit + New Fruit Punch

Dr. Sheila Chawress

584201.

Please let Sheila know
developments

A refreshing alternative to milky supplements



How you can help us - checklist

- Is your home easy to identify in the dark? Leaving a hall light on will help the Night Nurse find you.
- Decide where the Night Nurse is to sit, this could be at the patient's bedside or in a room nearby. A comfortable chair for the Night Nurse to use will be necessary.
- A reading lamp will be needed if the overhead light is not to be used. Notes will need to be written so a good light will be necessary.
- Leave the notes left by your District Nurse ready.
- Please make available any medication in prescribed container that may need to be given during the night.
- The temperature drops in the night, it would helpful if there was some form of heating for the Night Nurse if necessary.
- The Night Nurse will be happy to discuss any problems or worries you may have.
- Please explain your security arrangements, in case of an emergency.
- Portsmouth HealthCare Trust operates a No Smoking Policy.

NIGHT NURSING SERVICE

Aim

The Night Nursing Team is part of the Community Nursing Service offering nursing care, advice and support for patients and their carers.

Who are the Night Nurses?

The team consists of both Registered Nurses and Health Care Support Workers employed by Portsmouth HealthCare NHS Trust.

When are our Services available?

- ▶ Seven nights a week depending upon assessed need and availability
- ▶ From 10.00 pm to 7.00 am or at other times by agreement.

What do we do?

- ▶ Offer skilled nursing care during the night, following the agreed Care Plan, allowing the carer a much needed good night's rest.
- ▶ Give continuing support and reassurance to patients and carers.
- ▶ Teach and advise patients and carers.
- ▶ Offer specialist skills for care of the dying.

ABOUT US

The Community Home Loans service is jointly funded by the Health Commission and Social Services.

OUR AIM

The aim of the service is to provide a comprehensive loan system of personal homecare aids to residents of the Portsmouth and South East Hants District.

TO USE THIS SERVICE YOU SHOULD

– contact your District Nurse Occupational Therapist or GP

Your needs will then be assessed and the appropriate equipment will be requested on your behalf.

USE OF EQUIPMENT

The equipment that is on loan is designed to help you to live more comfortably at home. If an item of equipment is found to be inappropriate or difficult to use, do let us know immediately so that alternative arrangements can be made.

RETURN OF EQUIPMENT

As all our equipment is in constant demand, we request that equipment is returned to us as soon as it is no longer required. We operate a recall system which enables us to confirm that equipment on loan is still required.

HOW TO RETURN ITEMS NO LONGER REQUIRED

They may be returned to either our store, which is based in the grounds of St James' Hospital on Monday to Friday between the hours of 8.00 am – 12.00 midday and 2.00 – 4.00 pm. Saturday and Sunday 9.00 am – 10.00 am.

or

Any local Health Centre or Social Services Area Centre. Please ensure that the name and address of the user of the equipment is attached.

In the event of either of the above not being possible, we should be advised that the equipment is no longer required so that we can make necessary arrangements to collect the items.

COLLECTION SERVICE

If you would like us to collect equipment:

Telephone 01705 730546.

HOW TO FIND US

We are situated at the rear of St James' Hospital. The best access is by the rear entrance via Warren Avenue.



SUGGESTIONS / COMPLAINTS

We welcome suggestions about the ways in which we can improve our service. If you are dissatisfied with the service, you can address your concerns to the member of the team involved or to:

Trisha Stevens
 Senior Home Loans Manager
 Community Home Loans Service
 St James' Hospital
 Locksway Road
 Southsea
 PO4 8LD
Tel 01705 730546
Fax: 01705 822906



**AND
 HAMPSHIRE COUNTY
 COUNCIL SOCIAL
 SERVICES**

**COMMUNITY
 HOME
 LOANS
 SERVICE**



Ref DL16 1/96

CITY OF PORTSMOUTH DIVISION

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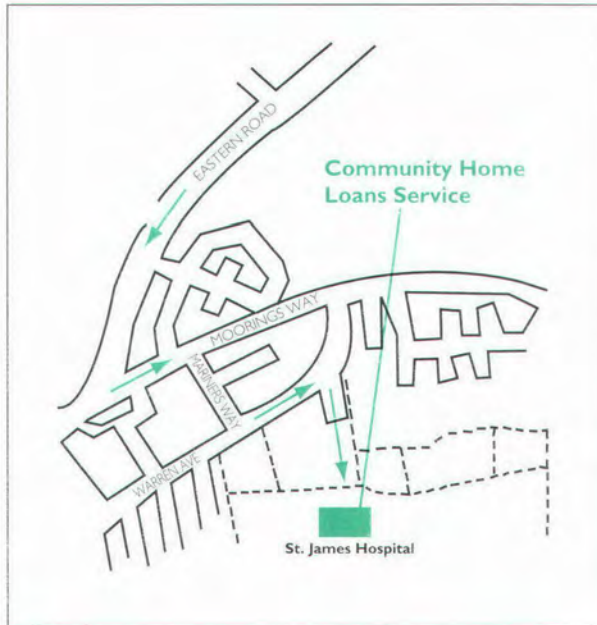
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**AND
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Rd/D16 1/95

CITY OF PORTSMOUTH DIVISION

What specialist skills can we provide?

- ▶ Wound care
- ▶ Post operative care
- ▶ Care of the dying
- ▶ Bereavement Counselling
- ▶ Diabetic Care
- ▶ Promotion of Continence
- ▶ Stoma Care

Clinics

- ▶ Promotion of continence clinics
- ▶ Diabetic clinics
- ▶ Blood pressure clinics
- ▶ Slim & healthy lifestyle clinics

If you wish to comment about the service please contact:

Portsmouth Lindy Thorpe
 Service Manager
 Lake Road Health Centre
 Portsmouth
 PO1 4JL
 Tel: (01705) 851143

Havant & Petersfield Judith Goodall
 Service Manager
 Havant & Petersfield Divisional Offices
 Civic Offices
 Civic Centre Road
 Havant
 PO9 2AX
 Tel: (01705) 350010

Fareham & Gosport Liz Ross
 Service Manager
 Fareham & Gosport Divisional Offices
 St Christophers Hospital
 Fareham
 PO16 7JD
 Tel: (01329) 286321



District Nursing Services

Your District Nurse is:
 SHEILA CHARTRES

She/He is based at:
 GOSPORT

Telephone No:
 584201 581529

Twilight: MOBILE
 Code A
 ANSWER PHONE 01329 316418

Health Call:
 01705 322105

Service Philosophy

District Nurses provide a service that is flexible and patient centred. They are expert advanced level practitioners providing high quality holistic nursing care.

What is a district nurse team?

The district nursing sister leads and supports a team comprising:

- ▶ Community Registered General Nurses
- ▶ District Enrolled Nurses
- ▶ Health Care Support Workers

Where are we based?

Most teams are based within:

- ▶ Health Centres
- ▶ GP Surgeries
- ▶ Community Hospitals

Where do we work?

- ▶ In the home setting
- ▶ Residential Homes
- ▶ Health Centres
- ▶ GP Surgeries
- ▶ Community Hospitals

How do we get referrals?

Referrals are accepted from:

- ▶ Yourself or your carers
- ▶ GP's or Hospitals
- ▶ Other agencies, statutory and voluntary

All Referrals are acted upon within 24 hours

When are our services available?

- ▶ The service operates 365 days a year, 8.30 am -12 midnight. A Night Nursing Service is provided for the more dependant.

What do we do?

- ▶ Care management and assessment of individual patient needs
- ▶ Provide a full nursing service to sick patients in the community
- ▶ Promote good health by encouraging healthy lifestyles
- ▶ Teach/support families and carers
- ▶ Liaise closely with other health staff eg Hospitals GP's and other agencies to ensure that patients are offered a complete Care Package