

App (10)

Dr J Grocock

RR/kb/SS18104

**Code A**

AC

17 September 1998

2206

Dear Dr Grocock

Re: Arthur CUNNINGHAM, Thalassa Nursing Home, 79 Western Way, Alverstoke,  
 Gosport, PO12 2NF

**Code A**

I am sure you will have received the discharge letter from Mulberry Ward where Mr Cunningham was an in patient from the 21st July 1998 until the 29th August 1998. He was discharged back to Thalassa Nursing Home. There is no formal psychiatric review planned as far as I can see but social worker Sean Golding is continuing to work on Mr Cunningham's case.

Today Mr Cunningham seemed to be a little brighter than when I saw him last a couple of months ago. His weight is steady at 68.6kg and he says he is eating not too badly and sleeping reasonably. His blood pressure today was 108/58 and his pulse 90. He appears to be suffering some increase in stiffness which is probably attributable to the anti-psychotic medication he is now on and I have therefore increased his day time dose of Sinemet by 1 tablet as detailed below. For his part Mr Cunningham is still harping on about placement at the RAF home at Storrington but I will leave further discussion about this to Sean Golding and Mr Cunningham's family. We will see how he is as regards the increase dose of Sinemet. There is a home visit to Thalassa planned by our occupational therapist in the hope that if Mr Cunningham is going to make this his permanent home it will be possible finally to sort out the adaptations that have been pending for so long and we will liaise with the home both in terms of his move, mobility, sleeping and eating patterns. (It may be possible to stop his night time Benzodiazepine if he keeps well). He is at present on a large and variable dose of aperients but until we have a clearer picture of how his bowels are I do not propose to alter these.

Cont.....

Mr A Cunningham  
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We will repeat his U&E's and Full Blood Count regarding the obstructive uropathy he had prior to catheter insertion and also his ongoing myelodysplasia. [REDACTED]

Yours sincerely

Dr Rachael Ross  
CMO  
Dolphin Day Hospital

Medications at present as follows: Amlodipine 5mg in the morning, Magnesium Hydroxide 10mls bd, Co-danthramer 2 capsules at night, Senna 2 tablets at night, Sinemet 110, 1 five times daily at 06.00, 09.00, 12.00, 15.00 and 18.00, Sinemet CR, 1 at 22.00, Coproxamol tablets 2 qds, Mirtazapine 30mg at night, Triclofos 20mls at night, Risperidone 0.5mg at 18.00 and Carbamazepine 100mg at night.