



DEPARTMENT OF MEDICINE FOR ELDERLY PEOPLE

FULL TIME STAFF GRADE PHYSICIAN GOSPORT WAR MEMORIAL HOSPITAL

INTRODUCTION

Portsmouth and South East Hampshire Health Authority is the largest in the South West Region and serves a population of 544,000. It borders the Solent and English Channel and includes the City of Portsmouth and the Boroughs of Gosport, Fareham, Havant and Petersfield. The District extends from Warsash in the west to Emsworth on the Sussex border and its northern boundaries encompass Petersfield and Liss. With the exception of the northern rural areas it is essentially urban.

Portsmouth is a University city on the South coast with ready access to London (one and a half hours by train). There are ferries to France and the continent. Sailing and watersports are very popular and sandy beaches are within easy reach. The area offers the advantages of city life with close proximity to the beautiful South Downs with pleasant villages and seaside towns. Hampshire is an ideal location for families with many good schools.

GOSPORT WAR MEMORIAL HOSPITAL

This Community hospital has been recently re-built and now has a busy Outpatients Department and onsite Physiotherapy and Occupational Therapy Departments, Radiology and Phlebotomy services. From the 1st October 2000 Daedalus Ward will have 24 patients for general, fast and slow stream stroke rehabilitation and Dryad Ward 20 patients for NHS Continuing Care. The Department of Old Age Psychiatry has 2 wards for acute admissions, Phoenix Day Hospital and Redclyffe Annexe for Continuing Care for the Elderly Mentally Infirm. Sultan Ward has beds for GP admissions, and Blake Ward provides post-natal care.

Dolphin Day Hospital has been open now for more than 7 years and caters to patients with a variety of complex medical and rehabilitation needs. The Day Hospital Staff run a Parkinson's Disease Group for patients and carers twice a year and also offer a COPD Service. A Falls' Service is to be implemented later this year. Dr. Ian Reid and Dr. Althea Lord are the 2 Consultants in Elderly Medicine with responsibility for patients on Daedalus and Dryad Wards and Dolphin Day Hospital.

At present Haslar Hospital provides an acute inpatient and diagnostic service to service personnel and civilians in Portsmouth. Provision of general and elderly medical services in Portsmouth are under active review at present and there could be changes in the near future. There is tremendous potential to further develop services in Gosport

with a view to providing more post-acute care, rehabilitation and rapid assessment of elderly patients.

THE DEPARTMENT

The Department aims to provide a comprehensive service, including acute admission facilities, rehabilitation, continuing care (longstay), shared care, holiday relief, day hospitals, palliative care, liaison with other departments (specially Orthopaedics and Old Age Psychiatry) and domiciliary visits.

The Department is based at Queen Alexandra Hospital with facilities at St Mary's Hospital (DGH) and in community based hospitals at Fareham, Gosport and Petersfield. NHS Continuing Care is also provided in Jubilee House in Cosham. This was previously an NHS Nursing Home.

The Elderly Medicine Department's acute admission centre is based at Queen Alexandra Hospital (131 beds on 7 wards). These beds include six acute stroke beds on Mary Ward.

The Department operates an unselected acute admissions policy of patients aged 65 and over. There is a stroke service for patients aged 75 and over, involving acute admissions and appropriate rehabilitation. The Department also takes younger strokes over the age of 65. Current figures show we take 84% of all strokes in the area. There is an active rehabilitation service for over 65's, taking patients from all specialties.

There are general rehabilitation beds on Kingsclere Ward at Saint Mary's Hospital. Outpatient clinics are also provided at the District General Hospital sites and at Gosport War Memorial and Petersfield Hospitals.

There are four Day Hospitals - Amulree Day Hospital at Saint Mary's Hospital, Trevor Howell Day Hospital at Queen Alexandra Hospital, the Laurel Day Unit at Petersfield Community Hospital and Dolphin Day Hospital at Gosport War Memorial Hospital.

Modern library facilities exist at both district general hospital sites and bench libraries at most of the smaller sites. Ample opportunity exists for Continuing Medical Education (CME) both internally and externally. The Trust is committed to CME and Continuing Professional Development (CPD).

Department Statistics

District population 1998	544,174
Aged over 65 years	87,612

Available Beds

<u>Acute</u>	
Queen Alexandra Hospital	125
Stroke Unit - Mary Ward	6

<u>Rehabilitation</u>			
Fast stream stroke	- Guernsey Ward	20	(SMH)
Slow-stream stroke	- Queen Alexandra	18	
	- St Christopher's	9	(Fareham)
	- Petersfield Hospital	4	
General	- Kingsclere Rehab	37	(SMH)
General & Stroke	- Daedalus	24	
<u>Palliative Care</u>			
	- Charles Ward	8	(QAH)
<u>Continuing Care</u>			
	- George Ward	18	
	- Jersey Ward	18	(SMH)
	- Petersfield	20	
	- St Christopher's	62	(Fareham)
	- Gosport War Mem.	20	
	- Jubilee House	25	(Cosham)
<u>Day Hospital Places</u>			
	- St Mary's Hospital	25	
	- Queen Alexandra	25	
	- Petersfield	10	
	- Gosport War Mem.	15	

Medical Statistics

Total admissions (1998/1999) 5,181
(4,087 acute)

Outpatients (Queen Alexandra and St Mary's Hospital only)

New attendances 830
Follow-ups 2,640
Total attendances 3,470

Departmental Staffing

<u>Consultants</u>	<u>Special Interest</u>	<u>NHS Sessions</u>
Dr R I Reid	Medical Director (Trust)	6 clinical, 5 Trust
Prof M P Severs	School of Postgraduate Medicine	2
Dr A B Dowd	Drugs & Therapeutics	10
Dr D Jarrett	Community Clinical Tutor & Lead Consultant	11
Dr R F Logan	Clinical Audit	11
Dr A Lord	Day Hospitals	11
Dr J Tandy	Stroke Service	5.75
Dr S Poulton	Ortho-geriatrics & falls	11

Associate Specialist

Dr V Vardon	Palliative Care, Continuing Care and Slow Stream Stroke Care (Petersfield)	7
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Staff Grades

Dr K Htwe	Stroke/General Rehab	10
Dr Muhammad Iqbal	Stroke/General Rehab	10

Junior Staff

- 4 Specialist Registrars
- 6 Senior House Officers - 4 on internal rotation with general medicine
- 2 vocational training scheme
- 2 Pre-registration House Officers
- 41 Clinical Assistant sessions
- 3 Hospital Practitioner sessions

THE POST

The postholder will be based at Gosport War Memorial Hospital and will look after 20 Continuing Care/Slow Stream General Rehabilitation patients on Dryad (Consultant - Dr. Ian Reid). Daedalus Ward (Consultant – Dr. Althea Lord) will provide general and stroke rehabilitation for 24 patients. Duties will involve admitting patients transferred from other wards, the day to day medical care of these patients, communicating with relatives and patients, functioning as a member of an interdisciplinary team, and liaison with Elderly Medicine and other Departments. It will be essential to participate in Discharge planning and the relevant documentation and communication with General Practitioners. There is a need to work flexibly with community services and colleagues in the acute setting. Two sessions a week are being currently arranged at Dolphin Day Hospital although this may vary depending on the workload in the other areas.

Out of hours and weekend cover to both wards is currently provided by Dr.A.Knapman and partners who are from a local General Practice.

There are active Education Centres at both Saint Mary's Hospital and Queen Alexandra Hospital with ample opportunity for using library facilities and attending local educational events. Staff Grade Physicians are encouraged to participate in the departmental education programmes. There have been a number of audits within the rehabilitation services and staff grade doctors are encouraged to develop audit ideas in conjunction with consultant staff and the clinical audit department. There are also opportunities for research and input to service development.

The Department has the following weekly sessions at Queen Alexandra Hospital:

Wednesday 8.45 am – Radiology

Wednesday 1 pm – Topic Teaching

Friday 1 pm – Journal Club

Facilities are available at Gosport War Memorial Hospital to access databases and electronic journals via the internet.

The current timetable is shown below but it is anticipated that there may be changes in the future as the Department is undergoing re-organisation.

Day	AM	PM
<i>Monday</i>	Ward Work	Daedalus – Consultant Ward Round
<i>Tuesday</i>	Ward Work	Dryad – Consultant Ward Round
<i>Wednesday</i>	Dolphin Day Hospital/ Ward Work	1pm – QAH – Educational Meeting Audit & Admin
<i>Thursday</i>	Dolphin Day Hospital	Daedalus Stroke Rehabilitation
<i>Friday</i>	Ward Work	Ward Visits

CONDITIONS OF SERVICE

The post is covered by Terms and Conditions of Service of Hospital Medicine and Dental Staff (England and Wales) and the General Whitley Council Conditions of Service.

The basic salary for the post is in accordance with Whitley Council rates on a scale £25,320 - £33,600 for a full-time post, with a further four optional points in accordance with AL(MD) 4/97.

Because of the nature of the work for which you are applying, this post is exempt from the provisions of Section 4(2) of the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975. Applicants are therefore not entitled to withhold information about convictions and, in the event of employment, any failure to disclose such convictions could result in dismissal or disciplinary action by the Authority. Any information will be completely confidential and will be considered only in relation to an application for positions to which the order has been applied.

Applicants must be fully registered with the General Medical Council.

Completion of a health questionnaire is required which may result in a medical examination.

The postholder must normally have a current driving license and his/her private residence must be maintained in contact with the public telephone service.

COMMENCEMENT OF DUTIES

The appointee will be required to take up the post no longer than three months from the date of offer of employment, unless a special agreement has been made between the appointee and the Authority. If you consider it unlikely that you will be able to take up the appointment within such a period, you are advised to point this out at the time of your application.

Interested candidates can arrange to visit the Hospital and can speak to Dr Althea Lord (T:023 92286915).

NOTIFICATION OF ANNUAL LEAVE AND STUDY LEAVE

When planning leave, the postholder must first liaise with the Medical Staffing Co-ordination in Elderly Medicine (Chrissie Immins). As much notice as possible should be given to enable cover arrangements to be made; there is no guarantee that requests can be granted if minimal notice is given (i.e. less than six weeks). The Medical Director must give educational approval to study leave applications. The appropriate application form can be obtained from Medical Personnel Department.

PERSON SPECIFICATION

**STAFF GRADE PHYSICIAN
DEPARTMENT OF MEDICINE FOR ELDERLY PEOPLE
GOSPORT WAR MEMORIAL HOSPITAL**

ESSENTIAL	DESIRABLE
Full recognised medical qualification	MRCP
Experience of rehabilitation at SHO/Registrar level	Broad general medical experience
Ability to work with other professionals in a constructive way	Interest in teaching - particularly in a multi-professional setting
Good communication skills at all levels. Ability to discuss complex problems with patients, their family/carer and staff.	Interest in research
Flexible working practice and a desire to innovate and move the Service forward in a changing medical world.	Current driving licence
Ability to assist in department audits	