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60561

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Dr Tanya Cranfield  
 Haematology  
 St. Mary's Hospital  
 Portsmouth

Dear Tanya

**Elise DEVINE**

Code A

**Code A**

I saw Mrs Devine today. I note that she has kidneys that are less than 9 cms in length, although she is quite small. She has had leg swelling in hot weather for 20 years, and it has been worse for the last 2 years. There is no history of urinary tract infections, hypertension, previous renal problems. She denies analgesic use, although I note that when Bob Logan saw her last year he thought she was on Ibuprofen. She is apparently not taking any NSAID's now. She is on Frumil 2 daily and Thyroxine 50 mcgs od. The only other things in the past history are cataract surgery and injury to her left leg 7 years ago. She has got OA of her right knee with valgus deformity.

She is deaf and has a hearing aid. There was no pallor. Chest was clear, pulse rate was 80, BP 144/86. JVP was not raised, normal heart sounds. She had oedema to mid-calf. Abdominal examination was normal.

I note that she had an albumin of 20, an elevated cholesterol and a creatinine of 160. She has 3+ protein on urine analysis. In view of her age, doing a 24 hour urine collection would be difficult. Her creatinine level at 160 is only a little higher than I would normally expect at her age.

In view of the small kidneys, this is likely to be long-standing glomerulonephritis rather than a new problem. Therefore I think steroids would be unlikely to help. In addition, she is a rather frail old lady to give the sort of high doses of steroids to that are normally required in renal disease. My preference therefore would be to treat her conservatively for the present. I have given some advice about lowering salt in her diet. Her food intake does not appear to be excessive. I think she should have an increase in her diuretics. However I do not want to increase her Amiloride. I therefore suggest that her Frumil is changed to Amiloride 5 mgs od and Frusemide 120 mgs od. I will contact the GP about this. She is also on Thyroxine 50 mcgs od. I have arranged to see her again in 6 weeks.

**Code A**

Dr. Judith Stevens  
 Consultant Renal Physician

c.c. Dr P Smith (GP)