

BAKER REPORT (2002-3) - RELEASED 2/8/13.

as documentary evidence are considered, can conclude whether lives were shortened by the almost routine use of opiates before death, but I would expect such case by case investigations to conclude that in some cases, the early resort to opiates will be found to have shortened life. I would also expect that in a smaller number of cases, the practice will be found to have shortened the lives of people who would have had a good chance of surviving to be discharged from hospital.

From the evidence considered in this review, it is not possible to determine how the practice of almost routine use of opiates at Gosport originated. Whilst much of the review has focused on the work of Dr Barton, this is because she issued the MCCDs and made most of the entries in the clinical records. However, this should not be taken as meaning that she was the origin of the practice, she may merely have been implementing it. Indeed, the practice may have been introduced before Dr Barton began work in Gosport as a clinical assistant in 1988.

Recommendations

1. Investigations should continue into the deaths of individual patients. The findings of this review reinforce concerns about what may have occurred in these cases.
2. In the continuing investigation into deaths in Gosport hospital, information about the rota followed by Dr Barton and her partners should be obtained and used to explore patterns of deaths.
3. Hospital teams who care for patients at the end of life should have explicit policies on the use of opiate medication. These policies should include guidance on the assessment of patients who deteriorate, and the indications for commencing opiates. The development of national guidelines would assist the development of local policies.

4. The findings reported in this review should not be used to restrict the use of opiate medication to those patients who need it. Indeed, there are reasons to suspect that some patients at the end of life do not receive adequate analgesia.
5. In this review, evidence has been retrospectively pieced together from a variety of sources. Continued monitoring of outcomes at a local level might have prompted questions about care at Gosport hospital before they were raised by relatives, but continued monitoring is difficult with current data systems. Hospital episode statistics are an important resource, but continued prospective monitoring of the outcomes achieved by clinical teams requires a more detailed set of codes.