MPSHIRE AREA HEALTH AUTHORITY (TEACHING)

## PORTSMOUTH AND SOUTH EAST HAMPSHIRE HEALTH DISTRICT

21st August 1978.

Dr. H. Nicholls, 148 Forton Road, Gosport.

Dear Dr. Nicholls,

## Mrs.Norma WINDSOR

## Code A

Many t hanks for asking me to see Mrs. Windsor and for your helpful letter. I think the diagnosis here is that of a hernia gastropathy. In this condition which is very clearly defined but not very well known the patient is usually rather anxious, and gets repeated retching and vomiting. This causes herniation of a knuckle of gastric mucosa up through the cardia and that knuckle becomes congested and bruised. The bruising then causes a feeling of discommfort and increased the vomiting reflex so that the patient is more likely to vomit again. It particularly ofcurs with smokers and I feel that this lady has this condition.

The treatment of course is to control the vomiting but however the family history of a duodenal ulcer and two brothers with duodenal ulcers means that we must investigate very carefullly. I have therefore arranged for (a) gastroscopy and a barium meal — I felt that we should do both because I want to be absolutely certain that there is no D.U. and we can only do that by means of endoscopy but the prolapsed knuckle can often be seen very well radiologically. I will write again when we have the result.

Code A

Consultant Physician.