## C '. J COOK CUNSULTANT DERMATOLOGIST



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CLINIC

15/11/1999

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17/11/1999

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29/11/1999

DS/FL/G098452

Dr AC Knapman The Surgery 148 Forton Road Gosport PO12 3HH

Dear Dr Knapman

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I reviewed this lady today in the Dermatology clinic. I also had a chat with her husband and daughter in law. She has had no rash now since about August, since commencing the steroids and is quite adamant that she wanted to stop these. I warned her that the rash might come back but I have arranged to reduce the steroids by 2 mgs per week in a reducing regimen from 10 mgs on alternate days to 8 mgs alternate days, 6 mgs alternate days, 4 mgs, 2 mgs and 1 mg alternate days just prior to stopping. If at any point the rash recurs she should move up one level and wait for a period of time of the order of a few weeks before trying to reduce them further.

I have arranged to review her again in 2 months time. She is due to go in for a surgical procedure around that time and I have stressed the importance of mentioning that she has recently been on a more protracted course of steroids, as this may be something that will require added precautions just prior to her surgery.

Yours sincerely

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D SAWCER Specialist Registrar

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