I would appreciate it if you would space the time, NO HUMLY, TO READ MY COMMENTS INTERSPEASED AMONGST THE PAGES.



E.2313/99-00

Health Service Commissioners Act 1993

Report by the Health Service Ombudsman for England of an investigation into a complaint made by



Complaint against: Portsmouth Healthcare NHS Trust

Complaint as put by Mr Wilson
1. The account of the complaint provided by Mr Wilson was that on 25 October
1998 his late mother, Code A, fell and broke her hip. Code A was
admitted under the NHS to Royal Hospital, Haslar (the first hospital), which is
administered by the Ministry of Defence. While in the first hospital Code A had
an operation on her hip, after which she made a steady recovery. On 29 October
Code A was able to sit out of bed and by 3 November she could be pushed in a
wheelchair to the hospital shop and cafeteria. By 6 November she was no longer
taking painkillers and on 11 November she was transferred to Dryad Ward at
Gosport War Memorial Hospital (the second hospital). The second hospital is
administered by Portsmouth Healthcare NHS Trust (the Trust).
2. When Mr Wilson visited Code A on 13 November he noticed that her
condition had deteriorated. Mr Wilson believed that Code A had been sedated.
On 14 November Code A complained about the level of sedation his mother was
under and on 15 and 16 November he noticed an improvement in her condition. On
17 November Code A noticed that Code A was dehydrated and brought this
to the attention of a nurse and asked that Code A I be put on a drip. The nurse
informed Code A that a drip was not available, a dispute ensued, and Code A
was asked to leave the hospital. On the following day the Trust's medical director
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	PREMIOS TO WHAT OCCURRED ON THE 17THOY. 1998. See my CHADYOLOGICAL
	LIST FOR THE EVENTS OF THAT DAY
	was asked to review Code A 's treatment. As a result of this Code A was
	given subcutaneous fluids. Code A s condition continued to deteriorate and on
	23 November instructions were given for diamorphine to be administered
	subcutaneously if required. Code A died of bronchopneumonia on 3 December
	1998. MY MOTHER WAS GIVEN ORAMORPH & DISLOFENAL FROM 12/11/98 CONTINUOUS TITUDES TO 23/11/98. DON'T YOU SEE HER MERTICAL RECEIVES & DOWN AND
	3. Mr Wilson had written to the medical director on 27 November 1998
	complaining about the care Code A was receiving at the second hospital. The
	chief executive of the Trust replied in January 1999 and Mr Wilson met the medical
A	director in February. In September the Trust arranged for an independent clinician
	to review Code A 's care. Code A remained dissatisfied and requested that
	an independent review panel be convened to consider his complaint. The Trust's
	convener refused that request. WHAT WAS HIS REASONS FOR DOWN SO. I KNOW BUT
	YOU HAVEN'T SAID HAVE YOU.
	4. The matters subject to investigation were that:
	(a) Code A did not receive reasonable medical and nursing care after her
	transfer to the second hospital on 11 November 1998; and
	(b) the doses of morphine administered to Code A after her transfer to
	the second hospital were excessive.
	Investigation
	5. The statement of complaint for the investigation was issued on 25 May 2000.
	The Trust's comments were obtained and relevant papers were examined. Those
	papers included records of Code A 's care and treatment in the first and second
	hospitals, correspondence concerning Mr Wilson's complaint to the Trust, and the
	written observations of the consultant geriatrician (the consultant) responsible for
	Code A 's care while she was a patient in Dryad Ward. I obtained advice on the

medical aspects of the complaint from one of the Ombudsman's professional advisers. Another of his professional advisers gave help with the nursing aspects. I have not included in this report every detail investigated, but I am satisfied that no

6. The investigation was somewhat hindered as a result of the Trust being unable to supply all of the records relating to Code A 's care and treatment in the second hospital. In April 1999 the original records were sent for microfilming and

matter of significance has been overlooked.

THIS WAS AFTER THE FIRST MEETING

2 BETWEEN MYSCHE + THE POTTSMOOTH N.H.S. TRUST
BUT BEFORE THE SC COND.

THINK YOU ALL UP TO THE JOB.

VERY CONVENIENT FOR THEM WINT IT.

DESTROYED MEDICAL RECORDS



HOW CAN A DECISION BE MADE IF YOU DO NOT POSSESS ALL OF THE FACTS.

destruction. The Trust's policy required some documents, such as temperature charts and daily fluid balance charts, to be destroyed without being microfilmed. As a result I had access to only those documents which had been microfilmed and I could not be certain what other documents existed before their destruction. The early destruction of the records was contrary to the Trust's own policy and went against official guidance. The Trust expressed their deep regret for what had happened and said that it was the only time such an error had been made. I return to this issue in my findings and conclusions.

Mr Wilson's evidence

7. In letters to the Ombudsman's office Mr Wilson wrote that he could see no reason, in the light of Code A not needing morphine based drugs during the last week of her stay in the first hospital, why she was given such medication within 24 hours of being transferred to the second hospital. He did not accept the Trust's explanation that Code A needed the medication because she had developed extremely painful pressure sores and had pain in her neck and back. Notwithstanding those problems Mr Wilson considered that the choice of medication was inappropriate and that his mother was given excessive amounts of oramorph and diamorphine (both of which contain morphine). His other main concerns centred around what he saw as a failure to try and help Code A regain her mobility and a failure to ensure that she did not become dehydrated.

So DN 11/11/98 9-WEEK PARIMENTAL MEDICATION THEM SUDDENLY ON 12/11/98 FIRST DAY AT The Trust's formal response to the complaint was menouals she is in extreme pain. You had a paper but the This to be truthed the trust commented as follows:

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'We do not consider that Mr Wilson's complaint is justified and wholly reject his previously stated claim that Code A was "helped on her way". We do recognize, however, that we may have failed Mr Wilson by not helping him to a better understanding of his mother's prognosis. In the course of our investigation, a number of areas where practice could be improved were highlighted. We do not believe, however, that these areas contributed to Code A state of the code A code A the independent clinician who reviewed the complaint in September 1999].'

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After commenting on individual aspects of the complaint the Trust gave details of the areas of practice which, following the meeting in February 1999 between Mr Wilson and the medical director, they had undertaken to review. They were:

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admission protocols, including support for relatives; pain control; fluid protocols; and medical cover during weekends and bank holidays. TLOST THE BLOODY

RECORDS DIONT THEY SORRY! DESTROYED THEM.

Code A 's clinical and nursing records

LAS ANY

- 9. Entries in the clinical and nursing records relating to the time Code A was a patient in the first hospital include a post-operative instruction indicating that she should be helped to regain mobility as soon as possible. Onother entry, made on the day of Code A 's hip operation (26 October 1998), records that a doctor had spoken to Mr Wilson and told him she was unlikely to recover. Over the next few days Code A 's condition fluctuated a little. On 29 October it was recorded that she was chesty but felt better after sitting up in a chair. The next day there are entries in the nursing records indicating that Code A 's heels and sacrum were red. On 31 October a nurse recorded that she was much improved and had tried to walk but with little success. Her pressure areas continued to be a cause for concern and on 2 November, when a doctor recorded a 'dramatic improvement in her general state', there is a note that the area around her sacrum was deteriorating.
- 10. On 3 November the records show that a referral was made to the consultant for her advice on Code A 's future management. In a note to the consultant a doctor wrote that Code A was 'sitting out and beginning to mobilise', but the nursing records for that day included an entry stating that 'mobility remains poor'. After seeing Code A on 5 November the consultant wrote:
- Code A 's son and daughter-in-law were present when I visited and I have pointed out to them that rehabilitation was going to be very difficult given her mental state and pressure sores. They have agreed to a month's X gentle rehabilitation in a NHS continuing care bed for a month initially. THEZE NEVEL Unless there is a dramatic improvement I feel she will need a nursing INTENTIONS home'. OF GIVING MY MOTHER GENTLE REHASILITATION. YOU KNOW IT & SO DOGS EVERYONE GLEG.

The nursing records for the remainder of Code A 's time in the first hospital show that, despite regular attention to her pressure areas and the use of a special * mattress, by the time of her transfer to the second hospital the sores on her heels had blackened and she had a sore on her right elbow. Other entries indicate that during the latter part of her stay in the first hospital the staff there were experiencing difficulty maintaining a satisfactory fluid balance. She also had oedema (an accumulation of fluid) in both legs and her left arm. WHY DID THE WAR MEMBURE STOP GIVING HER MODICATION FOR THIS .

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THIS WAS GIVEN PADA TO MY MOTHER'S OPERATION See Noll. DISTINGTON OF THOM OF THE SAID WITH PERFECT TO MOUNT OF MORPHING DOMINISTORED AT MASLAZ HOSPITAL WITH THAT GIVEN TO HEZ WITHIN LESS THAN 24 LDRS ALTE HOURS BEEN PROTITION TO WAS MOMORIAL HOSPITAL.

11. The prescription and drug administration records in respect of Code A s stay in the first hospital show that on 25 October she was prescribed morphine, 10 mg to be given as required. Only one dose was given, at 1.15am on 26 October. A prescription was also written that day for up to two tablets of co-codamol to be given as required. (Co-codamol is a proprietary non-opioid drug used for pain relief - it does not contain morphine.) Code A was given co-codamol 14 times between 25 October and 5 November, but none after that. Between 6 and 11 November she was given no pain relief medication other than aspirin.

12. The prescription and drug administration records in respect of Code A s stay in the second hospital include a prescription dated 11 November authorising the administration of co-codamol, if required; Code A was given two tablets at 8.30am the next day. Later on 12 November a doctor wrote a prescription for 2.5 mls to 5 mls oramorph (a solution that would have contained 5 mgs to 10 mgs of morphine) to be given orally, as required, at intervals of four hours or longer. That afternoon, Code A was noted to be in a great deal of pain and was given 2.5 mls of oramorph at 2.05pm. She was given a further 2.5 mls at 6.30pm and 5 mls at 10.37pm. The two evening doses were given after nurses observed that Code A was still in pain. 20 ms IN TOTAL PETVEN 14.05 HAS NO 2237 HOUN.

13. Between 13 November and 24 November Code A was given a total of 15 further doses of oramorph. No dose exceeded 5 mls and she was never given more than two doses in one day. On 24 November, a doctor wrote a prescription for diamorphine to be given subcutaneously on a regular basis. Code A was given 20 mgs of diamorphine each day between 24 and 30 November. On 1, 2 and 3 December she was given 40 mgs each day. The nursing records indicate that Code A Code A was in pain on the day she was admitted to Dryad Ward and there are many subsequent references to her being in pain and needing pain relief to help her sleep at night. XX BY THE 24 TH MY MOTHER LAS IN A GOMA.

14. On 14 November the ward manager recorded at 4.30pm that Mr Wilson had expressed concerns about the amount of sedation being given to his mother. On checking Code A she was described as 'rousable but not very communicative'. She had been given 2.5 mls of oramorph at approximately 10.35 am that day. The ward manager's note continued:

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mounts of Morphyal

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DOTHER WAS GIVON.

PLEASE SEE MY CHADADUSTICAL WET DATES OF EVENTE.

PERTAINING TO 17TH NOV 98 No 16 BELOW. WITHESS

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DEHY DATING.



'[Mr Wilson] is aware of [Code A s]'s] poor prognosis [and] that she may need opiates to control her pain [and] he agrees to this'.

15. An entry made by one of the doctors who attended Code A referred to a conversation which she had had with Mr Wilson during the evening of 17 November. She wrote:

WHAT I SAIDLAS (I-AVE WITNESS TO THIS) THAT DRYAD WAY LAS THE ISLLEMS FIELDS OF THE W.M. HOSPITAL.

'[Mr Wilson] seen. Very angry. Feels his mother is not being cared for adequately, is accusing nursing staff of murdering his mother by giving her oramorph She is clearly in distress when moved e.g. for washing/dressing and as such does require analgesia (Mr Wilson is not happy for her to have any analgesia). She is clearly also very poorly and I do not feel any active intervention is appropriate'

After discussion with the consultant the doctor concerned wrote a prescription for

Code A to be given fluids, subcutaneously (under the skin).

Comparison Here See Section 2 Page 1+2. Which States Not day 18th Aby 98.

16. A slightly later entry, in the nursing records for 17 November, referred to a conversation which one of the nurses had with Mr Wilson. She wrote:

'Mr Wilson expressed his dissatisfaction with the treatment at [the second hospital]. He was concerned his mother was nursed in bed, did not have [intravenous fluids] in progress and had been given oramorph.

'Explained she was in bed because she had pressure sores on admission and was nursed on a pressure relief mattress.

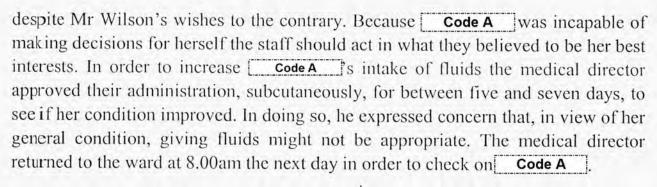
'That I did not comment on the use of [intravenous] fluids as it was not my area of practice and that oramorph was used as Code A was in pain. Mr Wilson was verbally abusive to myself and the doctor'

In a further entry the nurse wrote that Mr Wilson had requested, and been given, a complaints form before leaving the ward and saying that he would not be coming back.

** I only Actually once Afree This To see my mother

She was in a soma. Here Witness that I neva space to any moment of the Mauns staff, yet it you refer to societors better then I had been in contact with 17. Another entry that evening, by the hospital's medical director, records that if code A continued to be in pain or distress she should be given pain relief,

6 MEMBERS OF THE STAFF RESAMING THAT
TO QUOTE LETTER I WAS HAPPY FOR THE
COLLETTOR TO MAKE FLYCRAL ARRANGEMENTS
NOTHING I THE SOLT EVER DECLERO.



X I WAS IN HASCAZ HOSPITAL

18. The next day, 18 November, a nurse wrote that staff and the police had tried to contact Mr Wilson but that he was not at either of the addresses in the hospital's records and the telephone number in the records was unobtainable.

* NEARLY TWO WEEKS BUTWEEN ASSESSMENTS

19. As at the first hospital, the staff at the second continued to nurse Code A on a special mattress designed for patients with pressure sores, or at risk of developing them. Her Waterlow score (giving an indication of the degree to which her pressure areas were at risk) was assessed on 11 and 23 November. Her scores on both those dates identified her pressure areas as being at very high risk. Staff also assessed her level of dependency on those days. She was incontinent of urine and faeces, and was totally dependent on staff for bathing, dressing and grooming. On 11 November she was described as needing help to feed herself but by 23 November she was unable to do so at all. With regard to her mobility she was assessed on both occasions as being completely dependent on others, unable to Morphysic stand, and unable to transfer (e.g. from her bed to a chair) without a hoist.

ANYTHING FOR THEMSELVES

20. On 11 November a care plan was produced with details of the action that was to be taken to address Code A 's needs. Among other things she was to have regular mouth and pressure area care, be encouraged to take food and fluids, and receive adequate pain relief at night. Documents recording the care that was given indicate that her mouth care and personal hygiene were attended to daily. There are entries, on 14 November and 17 November (before Code A was given subcutaneous fluids) recording that her urine was either dark or concentrated, and that she was to be encouraged to drink more fluids. Corresponding entries elsewhere in the records indicate that on 13 and 14 November Code A could manage only small amounts of food, and fluids and that staff continued to encourage them after 17 November, when fluids were being given subcutaneously. There are specific entries relating to pressure area care given on 13, 14, 20 and 22 November, and to Code A being turned and encouraged to lie on her side. On other dates

WITHOUT THE FOOD & FLUID INTAKE RECORDS HOW WOULD YOU ICHON LYLAT MY MOTHER LAS GIVEN.

WITHOUT MY INTERVENTION WOUD SHE HAVE BEEN GIVEN FLUIDS SUBCOTALGOUSLY!



nurses recorded that care was given fully in accordance with the nursing care plan. The plan included instructions on how **Code A** was to be moved and on the care and treatment of her pressure areas.

Advice of the Ombudsman's Professional Advisers

21. The Ombudsman's medical adviser, Dr Ann Naylor, M.B., B.S., F.R.C.A., a consultant anaesthetist with wide experience in an acute pain team and in palliative medicine, commented as follows:

Do And Naylor must be with the statement.

Having reviewed the clinical and nursing records on the complaints file, I consider that the choice of pain relieving drugs for Mrs Purnell was appropriate in terms of the type of drug, doses, methods of administration and frequency of administration. Staff were correct in their judgement that Code A required palliative care (active total care for a patient whose disease is not responsive to curative treatment). The drugs and doses used are within the ranges recommended in the BNF (British National Formulary) for palliative care. There is no evidence that Code A received excessive doses of morphine. *\Since \subsetem \text{Ince when Is an operation to depose A Bloken here A Bloken

'In my view, the same comments could be made about the management of Code A is hydration. When Code A was admitted, she was able to take small amounts of fluid and food with assistance. There is no evidence that Code A was not sufficiently encouraged to drink during her first week on Dryad Ward. Over enthusiastic attempts to encourage a patient to drink can be very disturbing and not in their best interest. When her condition deteriorated, an appropriate regime of subcutaneous fluids was instituted. Earlier use of subcutaneous fluids would have made no significant difference to the outcome.

Following the fall when she broke her hip, Code A did not regain mobility. She was able to sit out of bed with assistance and at one time was fit to sit in a wheelchair. There is evidence of the staff having kept this aspect under regular review and I am convinced that all was done that could be done to increase Code A s mobility. Given her age, her general physical and mental health, and her recent fracture, sadly it was impossible to improve her mobility and she developed pressure sores which made attempts at mobilisation considerably more difficult. Prior to her admission to

SLISH DEMENTA.

hospital, Code A had been living in a nursing home and on admission to hospital she was noted to have senile dementia, oedema of the legs, pressure sores, urinary and faecal incontinence and to require full assistance with the activities of daily living. The plan had been for slow rehabilitation, although the likely limited effect of this was recognised and this proved to be the case.

'Conclusion

Action taken by the Trust

Code A made a steady recovery after breaking her hip in a fall. She was not mobile and her condition gave cause for concern that she might prove difficult to mobilise. After her transfer to the second hospital she developed pressure sores, mainly as a consequence of her immobility. BULLSHIT SHE ALBERT SHE SOLES AT HASLAR HOSPITAL

'She was treated with care and compassion and due to severe pain from her pressure sores required the use of morphine. At a later stage, when she became dehydrated, appropriate measures were used to treat this. DESCRIBED WHAT KIND OF DRESSURE SOCKS SHE HAD

MORE received medical management entirely appropriate to her Code A BULLSHIT condition and prognosis and this was supported by the nursing care plan.' SUPPOSEDED SHE WAS THANSFORMED TO THE MAR MEMORIAL ACCORDING TO HER 22. The Ombudsman's nursing adviser reviewed the papers and concurred with the views of the medical adviser where they overlapped with issues concerning Code A Code A's nursing care. She commented that Code A 's pressure sores would have been acutely painful, particularly during the early stages of their development. The records provided evidence of the nurses having formulated a timely nursing care plan following Code A 's arrival in Dryad Ward. In so far as it was possible, to judge (owing to the lack of fluid balance charts and some of the other records), Code A 's care appeared to have been delivered as required by the care plan. The drug administration records showed that at all times the nurses administered Code A 's medication in accordance with the doctors' prescriptions. *

NO PRESCRIPTION FOR DICLOFGENC & HOW THE HELL WOULD YOU KNOW WITHOUT L THE SO CLUED INADUCTIONLY DUSTINGS OF RELOWS.

23. The Trust provided details of the areas where they had reviewed their written policies as a result of Mr Wilson's concerns. Although they had not upheld Mr Wilson's complaint their investigation had highlighted issues that needed attention. Work had been done on an admissions policy for the ward. The policy defined more closely the categories of patients to be admitted to Dryad Ward and required a nominated member of the nursing staff to liaise with relatives before formulating

the nursing care plan. There was now an agreed policy for the prevention and management of malnutrition, under which every patient was assessed on admission to ascertain the degree to which s/he was at risk of malnutrition and to help identify the appropriate nursing interventions. A multi-professional policy was also being prepared for the assessment and management of pain, with patients' needs being reviewed on a regular basis. In addition to that the Trust had introduced new forms for the prescribing and administration of drugs using a syringe driver (an automated device for delivering a preset dose of medication). Since February 1999 consultant cover on the ward had been increased from one ward round every fortnight to one every week.

Findings

24. The Ombudsman's medical adviser has stated that in her opinion the medical management of Code A was appropriate, having regard to her condition and prognosis. I see no reason to believe otherwise. In caring for Code A the staff had to strike a balance between doing all they could to facilitate her rehabilitation (as long as that remained an option) and not doing anything that would cause her unnecessary suffering. I believe they approached Code A is management in a considered and professional manner. Sadly, Code A is prospects of recovery were very poor. That was explained to Mr Wilson while his mother was in the first hospital, and after she was transferred to the second.

Say THAT SHE WAS GANG TO THE WAS THE CASE. THEN WHY

25. Because some of the records were destroyed prematurely – an error for which I criticise the Trust – my findings in respect of the nursing care are based only on the documents which are still available. Although incomplete, the records provide evidence of the nurses having systematically assessed Code A s needs, formulated a care plan, and delivered that care. Their approach was also influenced, to a large extent, by Code A s poor condition and prognosis. I accept that, in view of her general condition and the pain she was in, it would not have been appropriate to have tried any harder to increase her mobility. I also accept that the staff did all they reasonably could to maintain Code A s nutritional intake. The medical director was right in pointing out that the staff should act in what they considered to be Code A s best interests, despite Mr Wilson's objections.

26. Central to Mr Wilson's concerns was his belief that the medication his mother was given was excessive. In his correspondence with the Trust he placed much emphasis on the fact that she had needed no pain relief during her last week in the

DESTROYED



THE DOY AFTER BEING ADMITTED SHE WAS IN GROM PAIN THEN WHY TRANSFER HER From HASLAS IF SHE WAS IN SUCH PAIN .

first hospital. I can see how it might have appeared to him that the second hospital were giving Code A more medication than she needed; however the records show clearly that she was in a great deal of pain and that pain relief was essential for her comfort. As for the choice of oramorph and diamorphine, the dosages prescribed, and the frequency of administration, the Ombudsman's medical adviser has commented that those were appropriate in the circumstances.XI see no reason X I DON'T THINK YOU HAVE THE SAVVY TO MAKE A DECISION not to accept her view.

27. In their formal response to the complaint the Trust commented that they may have failed Mr Wilson by not helping him to a better understanding of his mother's poor prognosis. It appeared to Mr Wilson that his mother was improving up to the time she was transferred to the second hospital. His hopes may have been heightened by the consultant's plan 'for a month's gentle rehabilitation' and the prospect of her eventually going to a nursing home. It is entirely understandable, therefore, that he was greatly upset by the changes which followed so soon after Mrs Purnell's move to the second hospital. It seems, however, that when he raised his concerns on 14 November, the nurse to whom he spoke believed that she had reassured him. It was only later, on 17 November, that the full extent of his feelings became apparent, and for a time after that the staff were unable to contact him. In the circumstances I consider that the staff probably did all they could to try and help I WAS IN HOSPITAL THEN Mr Wilson understand matters. LASCAR LOSPITAL'S RECOVOS

28. To sum up, I have not found evidence of unsatisfactory medical or nursing was not given excessive doses of care, and I am satisfied that Code A If you wish I wim sons you cithen morphine. I do not uphold the complaints. SOME BLINKERS OF A GUIAE DOG. ALL YOU POR IT ARENT YOU.

Conclusions

My findings are given in paragraphs 24 to 28. I have not upheld the complaints. However, I hope that the Trust's actions following Mr Wilson's complaint to them will reassure him that his concerns have resulted in improvements being made. I have been told by the Trust their procedures have also been improved to ensure that errors in the selection of records for microfilming are picked up before the records are destroyed. In addition to that the Trust have extended their microfilming



contract to include fluid charts and other items of clinical relevance which were not previously filmed. I regard that as a satisfactory outcome to my concerns about the premature destruction of some of the records in this case.

Code A

Colin Houghton
Investigations Manager
duly authorised in accordance with
paragraph 12 of Schedule 1 to the
Health Service Commissioners Act 1993

22 March 2001