

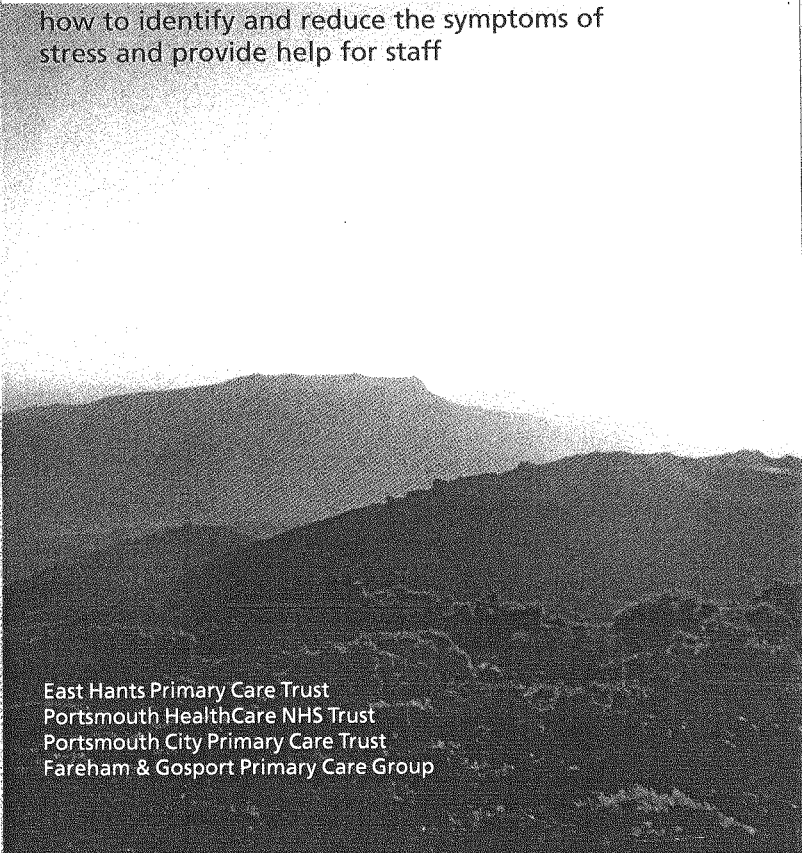
*The Data Protection Act 1998  
is in force from  
1st March 2000  
and now applies  
both to computerised  
and to manual records.*

*This is your personal reference guide - please read it and keep it handy.*



## **STRESSED ?**

how to identify and reduce the symptoms of stress and provide help for staff



East Hants Primary Care Trust  
Portsmouth HealthCare NHS Trust  
Portsmouth City Primary Care Trust  
Fareham & Gosport Primary Care Group

Portsmouth HealthCare **NHS**

NHS Trust

Department of Medicine for Elderly People  
Queen Alexandra Hospital  
Cosham  
Portsmouth  
PO6 3LY

Tel: 023 9228 6000  
Fax: 023 9220 0381

**GUIDELINES FOR THE USE OF  
INTRAVENOUS DRUGS**

**Compiled by:**

**Dr Jane Tandy  
Dr Ann Dowd  
Jane Marshall**

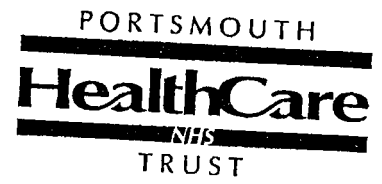
**January 1997  
Revised November 2000**

[www.portsmouth-healthcare.org](http://www.portsmouth-healthcare.org)

Portsmouth HealthCare   
NHS Trust

DEPARTMENT OF MEDICINE  
FOR ELDERLY PEOPLE

DOCTORS' HANDBOOK

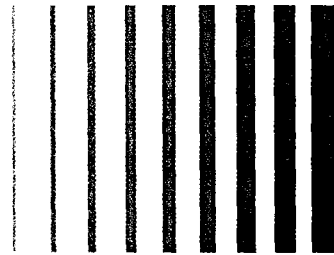


**A GUIDE TO  
MEDICAL RECORDS**

**A Pocket guide to all  
Medical Staff**

Portsmouth HealthCare **NHS**  
NHS Trust

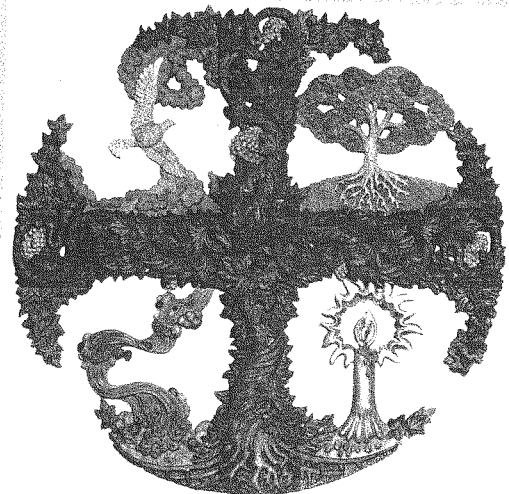
## Information for Health



A guide to Library and Information Services

# HOSPITAL CHAPLAINCY

*caring for patients, relatives  
and staff*



**Queen Alexandra  
and  
St. Mary's Hospitals**

**Information for Staff**



Portsmouth Hospitals  
NHS Trust

# **SUMMARY**

*of the*  
**Agreement**

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for Postgraduate Medical and Dental Education

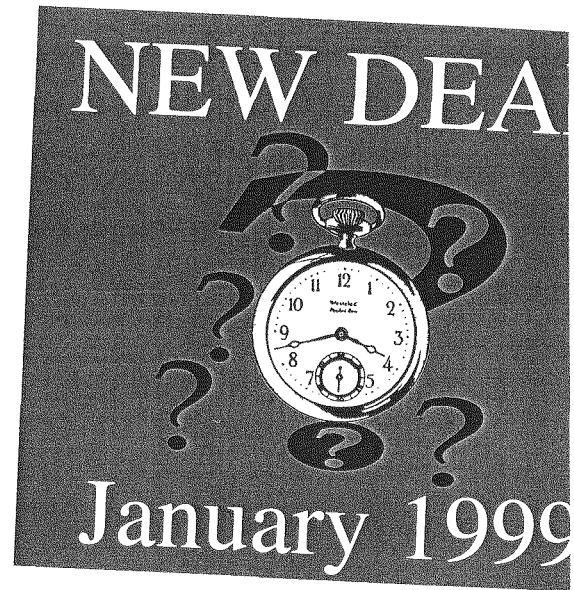
## **For Doctors in Training**

- ▶ **PRHOs**
- ▶ **SHOs**
- ▶ **GP SHOs**
- ▶ **Specialist Registrars**
- ▶ **Flexible Trainees**

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**2000/01**  
**Wessex**      **Deanery**





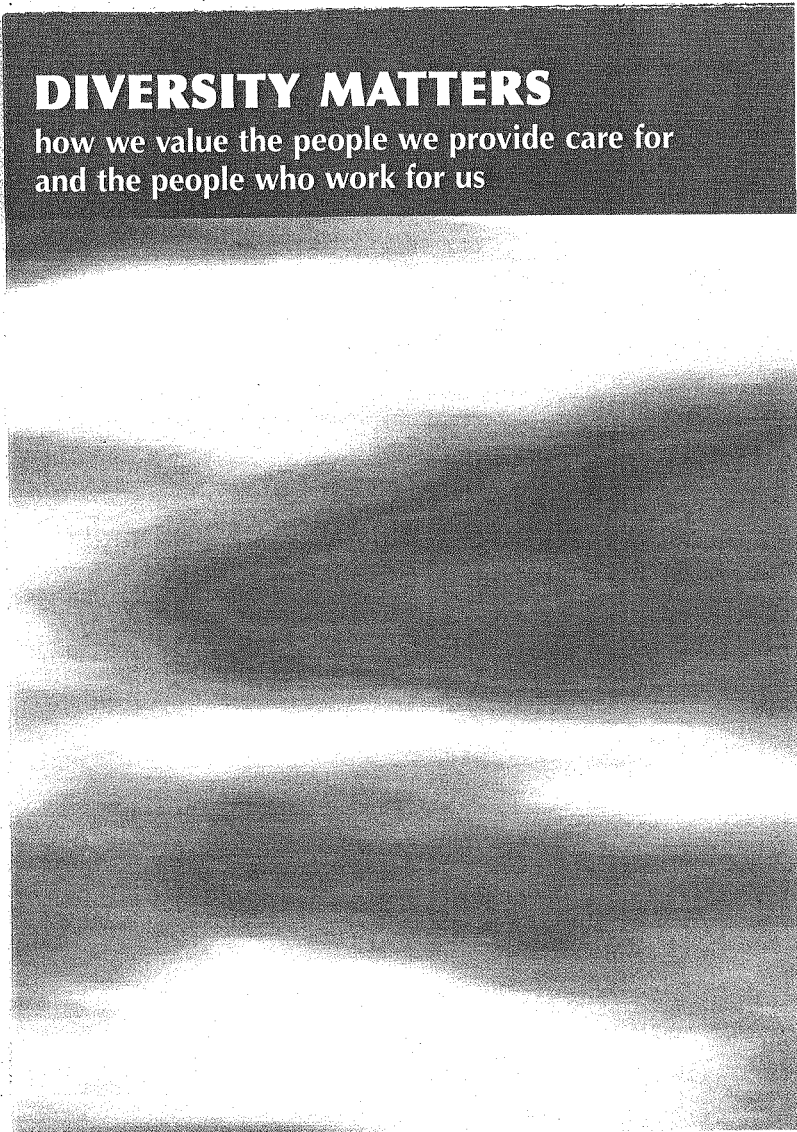
**For Doctors in Training**

- ⌚ **Full Shift**
- ⌚ **Partial Shift**
- ⌚ **On-Call Rota**
- ⌚ **Average Contracted Hours**
- ⌚ **Rest Periods**
- ⌚ **Continuous Duty Periods**
- ⌚ **Periods Off Duty**
- ⌚ **Consecutive Duty Days**

**Wessex Deanery**

# **DIVERSITY MATTERS**

how we value the people we provide care for  
and the people who work for us



DEALING WITH  
VIOLENCE AND  
AGGRESSION

GUIDE FOR  
STAFF

