



**Guidelines for Transfer to Geriatric Rehabilitation Beds (Daedalus Ward)
Gosport War Memorial Hospital Code A**

Background

Gosport War Memorial Hospital is a modern community hospital located in central Gosport. There are 24 beds for patients admitted under the care of a Consultant Geriatrician. The Clinical Manager for Daedalus Ward is Philip Beed. The aim of the ward is to provide inpatient interdisciplinary rehabilitation for older persons in Gosport with a view to optimising and maintaining independence.

Specialities that may transfer

This service is provided for patients over the age of 65 who are medically stable and suffering from a stroke or other condition that requires inpatient rehabilitation. Patients can be transferred from QAH, St Mary's or Haslar Hospital from Elderly Medicine, General Medicine, Surgery and Orthopaedics.

The catchment area is for those registered with GP's in Gosport and Lee-on-Solent and hence belong to Gosport PCG's. Residents outside the defined catchment area should be discussed with the Consultant of Daedalus Ward.

Criteria

- 1 No intravenous lines (until such time as there is adequate skilled nursing staff to undertake management of therapy)
- 2 Haematologically stable.
- 3 Apyrexial (can be taking oral antibiotics)
- 4 No discharging wound
- 5 Not recently started on anticoagulation (eg following a DVT)
- 6 Not suffering from an unstable medical condition
- 7 Not confused (orientated in time, place and person)
- 8 Must be resident in the catchment area and willing to transfer

Procedure for Transfer

- i) Patients are to be transferred following assessment by a Consultant, Specialist Registrar or Staff Grade in Elderly Medicine. There will not be direct admissions (from the community, A & E or General Medicine) to the ward. Should the need for this arise, discuss with the Consultant on Daedalus ward. Agreement will only be if adequate medical and nursing cover is available.
- ii) Beds available will be phoned to the Admissions Office at QAH on a daily basis. All transfers will be actioned from there.
- iii) The doctor who visits the patient will dictate a letter summarising the patient's medical condition, present clinical state and aim of rehabilitation.

This is faxed to Daedalus Ward and the original posted. The ward is phoned by the Admissions Office at QAH with the patient details including any special needs, and date of transfer.

- iv) All admissions will be seen by Nursing and Medical staff on the same day of admission. Referrals to the relevant therapists should be made as soon as possible.
- v) If, due to a severe shortage of beds in Elderly Medicine, it is necessary for patients to be admitted during a weekend, it is the responsibility of the Duty Consultant Geriatrician to ensure that the patient has been examined on the day of transfer, is stable for transfer, and that the nursing staff have definite guidelines for management over the weekend. The same Duty Consultant Geriatrician will carry the Consultant responsibility for the patient's clinical care over that weekend/Bank Holiday.
- vi) The patient and carers must be involved and kept fully informed of transfer plans and progress by the referring ward.
- vii) The referring ward is responsible for booking transport.

Transfer Process

Transfers will take place between 9.00 - 2.30pm. Mon - Fri excluding Bank Holidays.

If an URGENT transfer is required the referring medical team needs to discuss this with the Staff Grade Physician and Nurse in Charge.

On transfer the following must accompany the patient;-

- Name of contact person responsible for the patient prior to transfer
- A complete set of medical and nursing notes with details of the medical management plan.
- Care Pathway/copy of the Care Pathway, and therapy notes.

- X-Ray/path results
- Handling profile, Barthel, Mental Test Score and Waterlow
- Transfer of care information
- Current legible drug chart and non stock medication and/or dressings for 4 days (check with staff on Daedalus Ward)
- Patients on NG/PEG feeds should have at least a day's supply of feed sent with them.
- Essential equipment and appliances
- Patients property and valuables

Any items not transferred with the patient must be sent immediately to Daedalus ward by taxi.

Out of Hours Medical Support

Dr A Knapman and partners will continue to provide an on-call emergency service between 5pm and 9am Monday to Thursday and 5pm on Friday to 9am on Monday. They will not be able to clerk or admit patients.