

## **Clinical Supervision**

Clinical supervision for nurses was recommended by the UKCC in 1996, and again in the national nursing strategy, *Vision for the Future*, in 1999. It is a system through which qualified nurses can maintain life-long development and enhancement of their professional skills through reflection, exploration of practice and identification of issues that need to be addressed. There are three main models: clinical supervision with an expert; one to one supervision and group supervision. Clinical supervision is not a managerial activity, but provides an opportunity to reflect and improve on practice in a non-judgemental environment.

Clinical Supervision is a key factor in professional self-regulation.



