

## Appendix A

### **Notes of complaint made by Mrs Lack to Nursing Home inspectorate**

of Gladys Hobel Richards.

Following my Mother's admission to Haslar with a fractured neck of Femur - I was asked by the Social Services Dept why I had stated that if and when my Mother recovered she would not be returning to the Nursing Home she came from. The level of care is no longer acceptable to me.

The following is a catalogue of unacceptable events over the past seven months culminating in the latest accident from which I made the decision.

December 97. Just after Christmas. Heavy fall. with severe facial bruising. No phone call. Found on normal daily visit. Staff surprised I had not been told. Mother continually moaning and holding her head. Pain in shoulder. Medication changed following Consultants visit. Appoint with GP. to discuss this. Mother's speech affected. Hearing aids (both ears) lost yet again. Frequent requests over 7 months for renewal - no result.

March. Fall breaking ribs. Mother clutching side. No X-ray as quote "They don't do anything for ribs nowadays". Request from N. Home to increase her medication, as mother calling a "wailing".

April. On visiting at lunch time found sitting in lounge with wet hair. On enquiry found hair had been washed in bath. ? Why when she had the hairdresser each week. Two days later developed cough generally unwell. Brought to the attention of staff daily. 5 days later very poorly. Coughing copious mucus - holding her side. Requests for GP to see from family. Mother very poorly. 5 days before seen by GP.

April 11th. Fall pain in hip - to Haslar for X-rays. No bony injur.

Very shocked. Night time Discharged back to home Family visiting for lunch & supper daily and sometimes for breakfast. Good days & bad days Glasses lost Staff requested to look for them please. No result. Mother deaf in both ears is now existing with no form of communication other than staff shouting at her and now without her glasses (poor cataract op.) so she cannot see properly. She is almost blind in the other eye from another cataract.

April 22nd. Collapse in dining room. Telephoned from home to come. Mother unconscious. Home don't know what happened. "Collapsed" at dining table and put to bed.

Family nursed mother day and night for the next approx 10 days as staff stated they could not watch her. Mother regained consciousness but was very poorly. She remained in bed attempting to get out of bed or chair if she needed the toilet. Staff again stated they could not watch her. She was very ill and remained in her room. I stayed during the day - my sister slept in the room during the night. When mother wanted the loo during the night - although the bell was rung - my sister stated staff did not respond and my sister telephoned my mother. There were no falls during the period we stayed.

May. Told by staff that my mother had been 'lost' for over an hour at night and finally found down the back stairs. Told by staff mother wanders - always around 2am. - All she needs is walking to the toilet and settling back to bed. Decision made to have ground floor room.

every morning very irregular times between 7am & supper most days - but always for supper.

16th July. Fall at 7.45 am. Getting up to go to loo on her own. Got to bridge of nose and forehead grazing large facial swelling. To Hasbrouck. I went with her. X-rays and head scan done. Back to N. Home 1.30pm.

Visited and fed daily.

17th July Electronic pad put by bedside to alert staff if Mother got out. Frequently found to be unplugged.

Told by other relatives that Mother was left in lounge till 1045pm.

I stayed to stay later after I had fed her her supper.

21st July. Phoned 10am to say I could not visit today 3pm My siserv visited about 1045-11am. Asked where Mother was. Told she has put herself back to bed. Found to be on the bed Head against the wall sideways on. Footed position across the bed. Still no visit from GP following fall.

23rd July. Asked for help following supper to put Mother to bed. She had been very poorly daily since 16th and I no longer could manage her without help. Shirley RGN said she would send a car to help me when she could. At 8.15pm Deane came to help me. ~~to~~ Mother put on the toilet and washed and undressed and nightie put on. Taken to bed - set on bed and legs lifted to bed to take tights off. Nurse classed and I removed her tights which were clean to discover dried hard faeces clogging sole of foot and up between each toe to the front surface of the foot. A warm soapy flannel removed the faeces as the RGN in charge was informed in front of staff in the office for handover.

24th. Spoke to care assistant Jackie who had got my mother up the previous day. She stated she must have stepped in it during the day. This is not feasible as there was no dirt on slippers or tights. I suggest she was not dressed in the morning.

July. Mother taken to the toilet by me. Found to be red on her buttocks with very small "skin off area". I opened door from toilet and asked care ass't for a clean pad and "whatever cream" is used here for sore buttocks. I was given a large container of E.45. I explained I did not want a moisture on a moist area. She said "Im only a care ass't, I don't know". I saw Sue RN through the door. Request repeated. Mother still standing by the toilet distressed at waiting. Sue brought E.45. Explained again. Sue said "You'll have to wait if you want something else". I'm busy. I wanted. I washed mother and put clean pad on and walked her back to the lounge. Sue came 20 mins later, saying "stores" are now due till tomorrow but I have put some ointment into a small pot for mother's use. I asked the care ass't I saw to please apply some to the sore area when they next took her to the toilet.

Next day I told Margaret RN about the small area broken.

3 days later I asked Margaret how was Mum's bottom. She replied I don't know I haven't seen it yet.

My daily visits continued.

My mother still without hearing aids or glasses and I am told that the Hearing Aid Dept have no priority for those over 90. Mum is 91 - but she was 90 when they were lost.

useful 29th July.

Gold was to the N. Home for lunch time food and as I was at the footbridge in the house feeding autochthonous birds as my drawing was about ready to come in late.

I arrived at 3.50 pm. Holte was laying in the sun while she was still scared of me. I saw John Bekins RN help me sit Holte up. We did so with difficulty and clarity - anxiety expression. I asked a few questions and then Holte spoke in her direction. I asked if he was having trouble with stool - It's all OK. She's fine but she's having trouble with stool after - Is she OK. I approached him and he was out. I left at 4.15. I arrived back home at 6.10 pm. Message to my answering machine at 3.28 pm from Peter RGN. You're Holte had a little foul ear. She is allergic but a bit noisy and upset. I know you some of the time but could hear some earthen and siv with her.

Spn I rang the phone. I spoke to John Bekins RN. I asked about the message. I said I'd soon know where to go. But I didn't know about your sick since this message and spoke to her. Yes he said. But I didn't know about your sick since this message and spoke to her. When I spoke with her it was like the beginning has a meeting in bridge I said my drawing has a meeting in the house. I got back at 8.30 pm. Messages in my answer phone.

① 8.08pm John. You're Holte is quite aggressive today. Perhaps you want live to come & siv with her.

- 2) 8.29. Mother is calling as if she may have pain  
We have put her to bed I may call the Doctor.
- 3) IVs Sue here - night staff. I'm sorry but I'm  
sure you're mother has a fractured femur. When  
I came on John said Go and see Gladys -  
she has been shivering for ages and when I  
saw her it was obvious. I've called an  
ambulance.

I rang back and said I'd meet the  
ambulance at Haslar.

On admission the X-rays were consistent with having been  
walked since fall. The shortening of limb with external rotation  
Despite the injuries and the trauma - things are <sup>of foot</sup> even worse because of the inability to bear.

The frustrations of X-ray - Drips - Keeping still  
etc have been exhausting for all concerned  
and not least Mum who could not bear and cried  
and waited in fear.

As a family we have wanted to move Mum  
for some considerable time and have discussed this  
but felt the move would be unfair as she knew  
the surroundings and where things and rooms where  
she was familiar on a day to day basis.

I asked for a full explanation from Glen Heathers  
on the 29th.

We had a interview with Pauline RGN, Consultant  
Advisor to Glen Heathers

Several statements from staff were read out to  
us.

They confirmed

The fall was at 2.50pm.

It was in the dining room.

What was she doing in the dining room at this time following 12 noon lunch? No answer.

Frequently those sitting quietly at the table are left in this room. If Ruth was left - she would have attempted to get up to go to the loo.

The statements show she was walked to the lounge.  
" " " " " " " to the

bedroom from the lounge.

I do not know what time this was.

A Dr was not called.

Fall at 2.50pm.

To Master at 9pm.

Walked twice in the meantime.

(There are numerous incidents I could relate.  
RGN raised voices. Care Shouting at residents  
Call system going for ages.  
Holes named clothes or other residents  
Drawers full of other peoples clothes  
In 10 days following others collapse in April John  
did not visit his room once.  
Constant requests for hearing aids made me feel emasculated  
I could go on).

The above events are a true statement

August 1998

**Code A**