

Dr. Grocock  
 141 Privett Road  
 GOSPORT  
 Hants  
 PO12 3SP

AL/sh/ Code A

14 October 1997

2206

Dict: 13.10.97

Dear Dr. Grocock

**Re: Arthur CUNNINGHAM, 1** Code A **D.O.B:**  
 Code A

Mr. Cunningham has been attending Dolphin Day Hospital and overall the impression from the nursing and therapist staff is that his Parkinson's disease is not worse although he has trouble with his transfers which are very unsteady. Dystonia has been noticed at around 3pm at the day hospital. The therapists have not noticed any end of dose freezing although Mr. Cunningham himself feels that this is a problem. Overall I feel that his dose of leva dopa is too high at present and have discussed with him a change to Sinemet CR which will hopefully give him better control. He will attend the day hospital again this week on 16th October and his last dose of Sinemet 250/25 will be at 6am on the same day. I hope to commence Sinemet CR 200/50 qds from 2pm on 16th October as the short acting preparation needs to be withdrawn for 8 hours before a CR preparation is commenced. He will continue to attend once a week for physiotherapy and I hope to review him medically on 27th October.

He had a haemoglobin of 15.7g/dl, MCV of 93.4fl, WBC  $4 \times 10^9/l$  with a few atypical lymphocytes, platelets  $112 \times 10^9/l$ . His renal, liver and thyroid function tests are normal and random serum glucose is 6.5mmol/l. Chest x-ray is normal except for a small hiatus hernia. ECG confirms a sinus rhythm of 75 a minute, PR interval of 0.16 seconds, normal axis, and no other abnormalities.

Mr. Cunningham is also planning on moving into residential care in the new year and is seeing the war pensions welfare officer about this.

We shall let you know how he progresses.

With best wishes.

Yours sincerely

**Dr. A. Lord**  
**Consultant Geriatrician**  
**Dolphin Day Hospital**  
**c.c. EHU QAH**